



The discussion groups held by NAMAH, the Journal of Integral Health, are continuing at AURA (the old Splendour showroom) at the front of Society House on the Beach Road at Pondicherry.

These meetings will take place regularly at 6.45 pm for
1 hour on the last Saturday of every month.

August 25th 'Becoming your own Doctor': Dr. Debabrata Sahani chairing

September 29th 'Assagioli's Psychosynthesis as Transpersonal Psychotherapy': Dr. Arlene Mazak chairing

October 27th 'Envisioning A Future Transpersonal Psychotherapy Inspired by Integral Yoga': Dr. Arlene Mazak chairing

SEMINAR WITH SACAR
'Yoga as a way of Living' August 25-26

All are welcome.