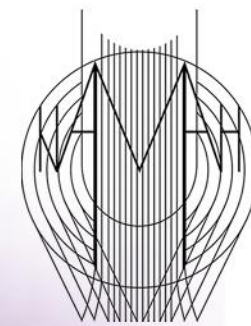


EVOLVING TOWARDS INTEGRAL SELF PERFECTION



NAMAH
The Journal of Integral Health



To those who have received the clarion call for union with the Divine and self-consecration for His work here on earth, daily life changes completely.

To become a suitable servitor of the Divine Consciousness requires a proactive and single-minded aspiration of evolving towards integral self-perfection. The terms 'evolving', 'integral' and 'self-perfection' have specific, and yet very comprehensive imports in the Integral Yoga lexicon that need to be appreciated, internalized and put into daily practice towards Siddhi. 'Freedom from' has to be complemented by a higher 'Freedom to', the practice of which has to be deployed both in inner and outer action, for spiritual and material perfection. This workshop is designed to help serious aspirants become conscious participants in this exhilarating adventure of personal reinvention, often on the razor's edge of creative destruction. We shall intersperse concepts and principles with deep dialogue, experiential narration and exploratory exercises.

organised by NAMAH,
the Journal of Integral Health with

with
NEELESH MARIK

25 - 29 July 2022

with sessions from 10.30 am to 12.00 pm IST





Session One : *Appreciating Integrality*

Session Two : *The Mechanics of Ascent and Descent*

Session Three : *Self-Perfection for the Mental Man*

Session Four : *Mastering and Transcending the Gunas*

Session Five : *Perfect Consensus for Divine Action*



Neelesh Marik

is an experimenter, questioner, student and explorer of the human potential space where behaviour, systems, culture and consciousness affect personal growth and creative novelty. He has three decades of experience in blue-chip corporations like Coats Viyella, Andersen Consulting and Infosys Technologies as well as start-ups. These assignments covered a wide array of consumer & industrial products, management consulting and IT, in various countries and cultures. Over the last decade he has been engaged in multi- & trans-disciplinary research and study across philosophy, social sciences, psychology, complexity & spirituality, with a total immersion in Integral Yoga for the last few years.



REGISTRATION LINKS

Indian Nationals : [rzp.io/l/GwLy6zgm](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=C3P4BX9GJ84JU)

Foreign Nationals :

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REGISTRATION DETAILS

Workshop fee is Rs. 2,000

Overseas: US \$ 32

The fee is non-refundable

For Bank Transfer

Account : NAMA

Account no : 1235498160

Type : Savings

Bank : Central Bank of India

IFSC : CBIN0281354

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