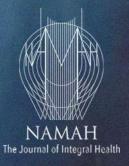
KNOWING AND LOVING THE MOTHER

a 3-Day Practical Immersion, organised by NAMAH, the Journal of Integral Health with

JAMES ANDERSON



"The Divine's love and knowledge must always govern our thoughts and actions."



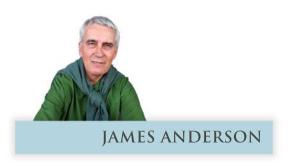
How can one hope to truly know the Mother? We must learn to become vast to even begin to identify with Her. We must try to become what She is. We must try.

Similarly, how can one hope to also love Her? We must rid ourselves of every impurity to stand and transmit in the fullness of Her Love.

The means for these two aims is Aspiration, Sincerity and, above all, Surrender. However, we need practice to build upon these attributes. We need something to maintain the continuity and thread. We need a tangible framework for everyday living, a means of sustained consecration and a focus for action.

This workshop, with 3 profoundly experiential sessions, will offer simple practices to enhance the way we know and love the Mother.

Day 1	Knowing the Mother: Moving Towards Knowledge by identity
Day 2	Loving the Mother : Moving Towards Divine Love
Day 3	Knowing & Loving the Mother : Action & Synthesis



met life-threatening illness when 21, before working at the Lloyd's Market in London for 16 years and later as a Director. A sudden calling changed his life and he came to India. He has remained in Pondicherry since 2000. A writer, healer and teacher, he is Coordinating Editor of NAMAH, the Journal of Integral Health. He has recently published, A Torch in the Dark, a book that examines human growth in an integral and experiential way.

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REGISTRATION DETAILS

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INDIA: Rs. 1,500 - https://rzp.io/l/lpYr9GAvMu

Overseas: US \$ 24

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=7EA3XJFT8FWKY Zoom joining details will be circulated in the morning of the 13th February



