

# LIVING WITHIN THE DEPTH OF OUR BEING

an online workshop with  
**Arul Dev**  
on 13-18 September, 2021  
with sessions at 4 pm IST of 1:30 hours duration

This is a guided exploration within the different parts of our being and participating in their transformation

**BODY** : Connecting to the substance of our body, which is already in touch with Consciousness

**VITAL** : Allowing the flow of Harmony to guide our life and works

**MIND** : Opening to the Light and Force of an Idea, Intuition or Delight

**HEART** : Living from the Cave of our Heart



## Arul Dev

Author | Entrepreneur | Coach | Educator

Arul Dev aspires to be a 'fire that lights' the depths of human beings and collective organisations. His aim is to live with his 'natural breath' and do his conscious practices at work, home and society. He has been sharing his 'inner work' through his books 'Into Great Depth of Your Being' published by Auro Publications and 'The Flame Within' published by Soulscapes to leaders, teachers, students, parents and others – to support their inner evolution and outer creative manifestation. He holds a MCLC (Master Certified Leadership Coach) certification from Coach for Life.

He is the Founder CEO of People First Consultants for the last 26 years, guiding the organisation to be value-centered providers of L&D and Talent Hiring services. He is a coach and facilitator working in the fields of leadership development, organisational transformation, integral education and individual well-being. He works with individuals, leaders, coaches, teachers, parents and students, guiding transformation in and around them primarily through the method of conscious Sadhana (Inner Practices).

He is the guest faculty at IIT Madras for the 'Self Awareness' and 'Self Awareness and Higher Goals in Education' courses since 2011. He periodically offers these experiential workshops: 'Coaching with Depth', 'Integral Education', 'Beyond Schooling', 'Conscious Parenting', 'Youth Inner Power', 'Connecting to Deeper Self' and 'Sadhana' (Conscious Inner Practices). He coaches resonant few to be Radiant universal leaders, coaches, educators and healers.

## REGISTRATION DETAILS

Join meeting after registration with this link : <https://join.freeconferencecall.com/james5528>

Security Code given in Calendar Invitation to enter the event.

**Workshop fee is Rs. 1,800**

**Payment from outside India: US\$ 30**

The fee is non-refundable

### For Bank Transfer

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Account no : 1235498160

Type : Savings

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