

MAKE YOUR DESTINY, 20-23 December 2018

A study camp jointly organised by the Sri Aurobindo Centre for Advanced Research (SACAR) and NAMAH, the Journal of Integral Health

If your life is at a crossroads or you are unsure of the next steps in life, this workshop is for you. If you sometimes live in fear or are besieged by doubt, our programme is calling out to you! Making our destiny is the need of the hour: it is the only meaningful aim of human existence. It is essential to our well-being. The Truth is our birthright and our glorious future. But we manifest our Truth only by living it.

During four days of self-exploration, introspection and interaction, our aim is to shed light on many perplexing questions, the most central being, '*Why am I here?*' and '*What is my part in this divine Play?*' This camp intends unearthing important solutions to our existence. We invite you to accept the challenge and release the untold riches that seek only expression.

Can I achieve my true potential?

What prevents me from fulfilling it?

How can I tap into my creative power?

Can Yoga chart my destiny?

What is the secret to self-empowerment?

Am I too old to claim my destiny?

How can I shift from procrastination to manifestation?

How do I access my Inner Teacher?

Can I feel integrated and strong in body, mind and soul?

Can I unleash my intuition?

What should I do when engulfed in darkness?

How can I become fearless?

Can destiny be changed?

Should I leave the rat race?

Venue: SACAR, 39 Vanniar Street, Vaithikuppam, Puducherry 605012

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