

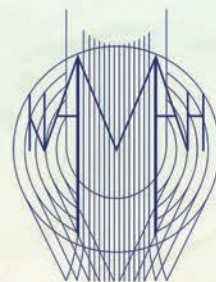


Sri Aurobindo Society
Creating the Next Future

A CONSCIOUSNESS APPROACH TO

Obesity

with
Dr. Yogesh Mohan



NAMA

The Journal of Integral Health



30th April at 5.00-7.30 pm IST

An Online Workshop organised by NAMA, the Journal of Integral Health, Sri Aurobindo Society

Dr. Yogesh Mohan presents an innovative paradigm shift in addressing weight concerns. The workshop invites participants to explore and address the root-cause behind obesity. You will embark on a transformative journey towards a deeper, consciousness-based relationship with your body. Through consciousness based kriyas, and inner body work, you will discover a whole new approach to food and exercise. Join us on a journey toward holistic well-being and sustainable weight management.



Dr. Yogesh Mohan brings the essence of more than two decades of his healing experience into this workshop. Over the years, he has evolved various inner approaches which greatly facilitate the healing process. These approaches are simple, practical and highly effective.

REGISTRATION DETAILS

INDIA - Rs, 1,000 : <https://rzp.io//Obesity>

OVERSEAS - US \$ 15 :

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=KKV6RNUR25JUC

Zoom joining details will be circulated in the morning of **30th April**

FOR BANK TRANSFER

Account: NAMA
Account no: 1235498160
Type: Savings
Bank: Central Bank of India
IFSC: CBIN0281354

CONTACT

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