



NAMAH
The Journal of Integral Health



THE PSYCHIC BEING

— YOUR INNER MASTER —

Sessions at 10 am IST for one-hour duration.

Living in the Psychic Being is a supreme objective of Integral Yoga. Not only does it offer the inexpressible fulfillment of living in the soul, but it also gives us the opportunity to master and completely change our nature. The Psychic Being presents immense dynamic implications as it embodies the perfect vehicle to integrate our entire being. Realising it is a long-term task. First we have to find it and then we aim to unite with it. This is the objective of all meaningful practice. It is our Inner Teacher our Divine Person

This programme will begin with baby steps and ends in the culmination of the journey, where the complete identity with the Psychic Being is described. *But how do we awaken it in the first place?* Each one of us will have a different path to the psychic, but there are common features which underlie the journey. If you have a deep longing to embrace your Truth and become master of all your being, this programme is definitely for you.

- 18th January : **Ramachandra Roddam** — *Chaitya Purusha , The Most Reliable Co-Traveller on Our Inner Voyage*
- 19th January : **Dr. Alok Pandey** — *The Soul and its Significance*
- 20th January : **Arul Dev** — *Cave of our heart – Sadhana*
- 21st January : **Dr. Sampadananda Mishra** — *Connecting the Outer with the Inner*
- 22nd January : **Dr. Soumitra Basu** — *Psychic Being and Rebirth*
- 23rd January : **Dr. Debabrata Sahani** — *Integrating with the Psychic Influence*
- 22nd February : **Gitanjali** — *Psychic Being: the Rainbow Bridge*
- 23rd February : **Srinivas Mulugu** — *Sadhana for Psychic Emergence*
- 24th February : **Manoj Pavitran** — *Writing as a Process of Inner Discovery*
- 25th February : **James Anderson** — *The Flowering of the Psychic Presence: A Practical Session*
- 26th February : **Neelesh Marik** — *Psychicisation in Practice*
- 27th February : **Dr. Yogesh Mohan** — *Finding Your Innermost Being – A Few Pointers*

REGISTRATION DETAILS

International payment : <https://rzp.io//Ca1LwOf3P>

Domestic payment : <https://rzp.io//dRGORwxPL>

Workshop fee is ₹ 2500.

The fee is non-refundable

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Zoom Links will be circulated on 17th January and 21st February

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