

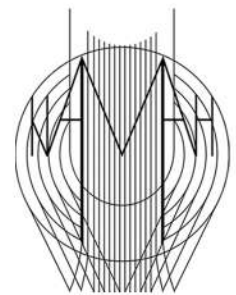


# The Flowering of Your PSYCHIC PRESENCE

with

**NEELESH MARIK**

*An Online Workshop with sessions at 10.30 am to 12.00pm IST*



**NAMAH**

The Journal of Integral Health

***The terms psychic and soul are often used loosely in various contexts in literature,*** and there isn't always much clarity around what they exactly mean. In the Integral Yoga, these terms have very precise and specific meanings and significances. Although the psychic presence is in every human being, not everyone is aware of it or in touch with it, or consciously alive to its profound significance. Integral Yoga requires a conscious connection with that psychic presence and a willed effort to allow it to come into the forefront and take charge of the instrumental personality, the mind-life-body complex normally nucleated around the ego. Without this 'psychicisation', the spiritual journey of the Integral Yoga, and hence the integral transformation of the nature, does not really begin. In fact, commencing the upward movement without psychicisation can sometimes even be dangerous. In this workshop, we shall take a methodical and scientific approach to understanding and cultivating the psychic presence in ourselves with the aid of the Grace. We shall intersperse principles and practices with deep dialogue, experiential narration and exploratory exercises.

## Schedule

Oct 26

The Psychic Principle

*Four Significances*

Oct 27

The Process of No-Process

*Four Practices*

Oct 28

The Immixture Issue

*Four Initiatives*

Oct 29

The Psychic Imperience

*Four Hallmarks*

Oct 30

Psychicisation to Spiritualisation

*Four Stepping Stones*





# The Flowering of Your PSYCHIC PRESENCE

## NEELESH MARIK



is an experimenter, questioner, student and explorer of the human potential space where behaviour, systems, culture and consciousness affect personal growth and creative novelty. He has three decades of experience in blue-chip corporations, like Coats Viyella, Andersen Consulting and Infosys Technologies as well as start-ups. These assignments covered a wide array of consumer & industrial products, management consulting and IT, in various countries and cultures. Over the last decade he has been engaged in multi- & trans-disciplinary research and study across philosophy, social sciences, psychology, complexity & spirituality, with a total immersion in Integral Yoga for the last few years. He has a B.Tech from the Indian Institute of Technology Bombay and a PGDBM from the Indian Institute of Management Bangalore.

### REGISTRATION DETAILS

The Zoom joining link and passcode will be circulated on **25th October, 2021**

**Workshop fee is Rs. 1,600**

**Overseas: US \$ 28**

The fee is non-refundable

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