



NAMAH

The Journal of Integral Health

THE INCARNATING SOUL

an online workshop organised by **NAMAH**,
the Journal of Integral Health with
Sigrid Lindemann

16 - 18 May 2022 with sessions between 4.00 - 5.30 pm IST

This online workshop webinar will shed light on the early memories of birth and early infancy, and their lifelong impacts, and even earlier, the pre-natal and karmic imprints in rebirth.

Both **Sri Aurobindo and the Mother** spoke or wrote about birth and rebirth experiences and their insights are very much in line with what modern research has discovered in the last 30 years. With Integral Regression Therapy, it is possible to access even very early memories, in order address them therapeutically and overcome lifelong limitations. The inner research of one's life-purpose and the trajectory of the soul over various lifetimes can be explored fruitfully and also with precision. This workshop will include short interactive elements for participants to explore and access their inner wisdom around their **'incarnating soul'**





SIGRID LINDEMANN

has lived in Auroville since 1987, researching consciousness and collective transformation through healing with homoeopathy (Sensation Method, Dr. Sankaran), hypnotherapy and Integral Regression Therapy (past-life therapy, inner-child work, trauma therapy) Her special interests are the evolution of the psychic being, collective evolution, mental health and trauma,. Sigrid has been teaching homoeopaths in Germany yearly from 2004 in certified seminars, her clinic, 'Integral Health' in Auroville has served the Auroville community since 2001. Sigrid founded JIVA, www.auroville-jiva.com – a platform for workshops, therapy, retreats offered by Auroville`s therapists.

REGISTRATION LINKS

Indian Nationals : <https://rzp.io/l/JWfk7IRdl>

Foreign Nationals : https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=F5PVVKANMR9YC

REGISTRATION DETAILS

Workshop fee is Rs. 1,400

Overseas: US \$ 23

The fee is non-refundable

For Bank Transfer

Account : NAMA

Account no : 1235498160

Type : Savings

Bank : Central Bank of India

IFSC : CBIN0281354

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