



NAMAH
The Journal of Integral Health



6th September

Overview of the Consciousness Approach

7th September

The Deeper Ranges of Cognition

8th September

The Higher Mind and the Illumined Mind

9th September

Intuition in the Spiritual Perspective

10th September

The Overmind or Global Cognition

11th September

The Supermind or Integral Cognition

THE SPIRITUAL RANGES OF THE MIND

*A six-day online programme organised by
NAMAH, the Journal of Integral Health*

We invite you to join Dr. Soumitra Basu in exploring the spiritual ranges of the mind in this programme organised by NAMAH, the Journal of Integral Health. These vast planes that seem so far from human reach can indeed be accessed with the necessary effort, knowledge and aspiration. It is a matter of espousing the necessary consciousness. We have to learn how to climb each rung of consciousness and through each session, you will be accompanied up this ladder. A clear roadmap will be given for this journey.

This workshop aspires to make these ranges of the mind a vivid and workable reality to you all. It aims to radically shift the parameters of your day-to-day existence. If you aspire to make your consciousness vast, limitless and free, this event is certainly for you. Dr. Soumitra Basu's consciousness-based and uniquely practical approach to human psychology adheres very closely with the insights and vision of Sri Aurobindo and the Mother.

Come and join us to expand the frontiers of your mind!

Dr. SOUMITRA BASU



is a consultant psychiatrist, practising in Kolkata and Pondicherry. He works with Consciousness paradigms of health and psychology. He conducts workshops on personal growth and is a Founder-Editor of NAMAHA, the Journal of Integral Health. He is author of the book, Integral Health. He is deeply interested in the interplay of Aurobindonian metaphysics and mental health. He has developed a module of Consciousness-Based Psychology (CBP) and, along with Dr. Michael Miovic of USA, has authored a book on CBP (in the press), which looks at psychopathology and counselling from an entirely new perspective that arises from the experiential teachings of Sri Aurobindo and The Mother. He can be accessed at consciousnessbasedcounselling.com.

REGISTRATION DETAILS

Join meeting after registration with this link : <https://join.freeconferencecall.com/james5528>

Security Code given in Calendar Invitation to enter the event.

Workshop fee is Rs. 2,000

The fee is non-refundable

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THE SPIRITUAL RANGES OF THE MIND

*Sessions between
4.00 pm - 5.30 pm IST*